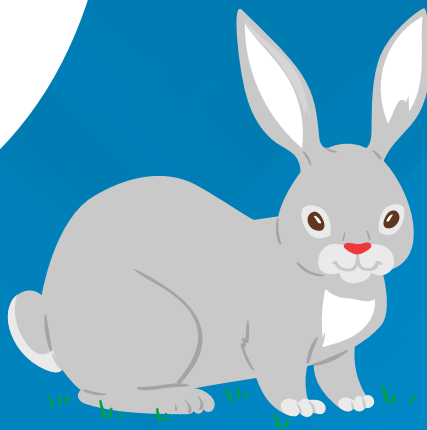




www.ottawahumane.ca



Ottawa Humane Society

ACTIVITY BOOK FOR KIDS





IF YOU LOVE ANIMALS, THIS IS THE PLACE FOR YOU!

Humane societies, like the Ottawa Humane Society, bring people together to help animals. Animals may be lost, sick, people may have treated them badly or their families just can't keep them anymore. No matter how they come to us, we're happy to help them.

We really C.A.R.E about our animals!

We **C**are by giving them food, shelter, water, medical attention and love.

We **A**dopt animals into new and loving families.

We **R**eunite stray animals with their owners.

We **E**ducate people, about animals.



Did You Know?

More than 8,000 animals come through our doors each year!

ACTIVITY GUIDE



The Five Freedoms

Pages 5–6

Dogs, Cats and All Sorts of Small Animals

Pages 11–24

Reptile Awareness

Pages 33–36

Animals in All Seasons

Pages 40–45

OHS Programs

Pages 50–53

Responsible Pet Ownership

Pages 7–10

Are You Ready for a Pet?

Pages 25–32

Toxic Foods for Pets

Pages 37–39

Helping Animals in Need

Pages 46–49

Activity Answer Keys

Pages 54–59

THE FIVE FREEDOMS

We make sure all animals in our care get the Five Freedoms of Animal Welfare.

1

Freedom from
hunger and thirst

3

Freedom from fear
and distress

5

Freedom to
express normal
behaviour

2

Freedom from
discomfort

4

Freedom from
pain, injury
and disease

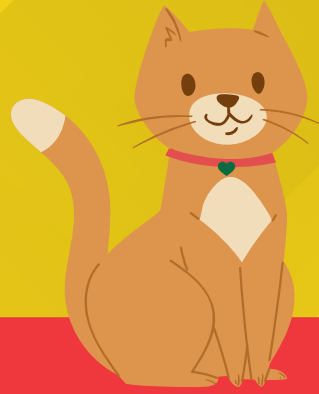
Be sure to give
all animals the
Five Freedoms!



WHAT WOULD THE FIVE FREEDOMS LOOK LIKE FOR YOUR PET?

Draw your pet
enjoying the
five freedoms!





RESPONSIBLE PET OWNERSHIP



What does a responsible
pet owner do to keep their
pets healthy and happy?

Check the next page
to find out!

RESPONSIBLE PET OWNERSHIP

The Basics



Food • Water • Shelter

Exercise



Daily exercise and play.

Love + Attention



**Spend one-on-one time
each day with your pet.**

Identification



**Cats and dogs need
collars, ID and license
tags, and a microchip!**

RESPONSIBLE PET OWNERSHIP

Training



Training helps build the best friendship with your pet.

Grooming



Grooming keeps your pet healthy and looking their very best!

Veterinary Care



Pets need to see a veterinarian every year to stay healthy.

Don't Litter!



Cats and dogs should be spayed (female) or neutered (male) by a veterinarian to stop them from having babies.

RESPONSIBLE PET OWNERSHIP MATCHING GAME

Complete the sentences in the **bubbles**
using the words in the paws. 🐾

Female cats, dogs
and rabbits are...



Spayed and
neutered pets live...



Responsible pet
owners keep their
pet healthy and...



Male cats, dogs
and rabbits are...

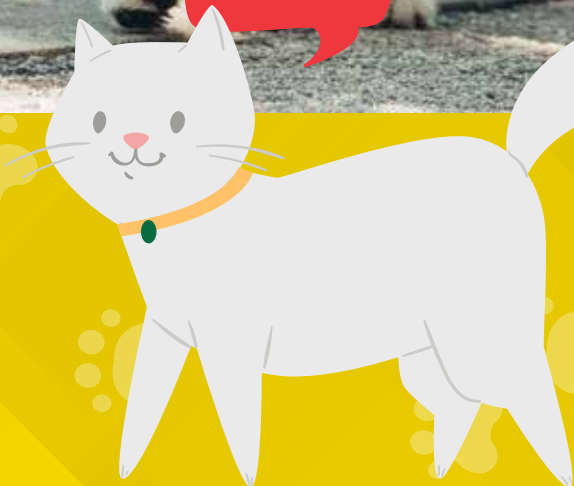


DOGS, CATS AND ALL SORTS OF SMALL ANIMALS



Everything you need
to know about your
favourite friends!

meow!



DOGS



Dogs need healthy food, clean water and should be fed twice a day.



Daily exercise and training keeps dogs happy and healthy.

Dogs can be shy, playful, scared, friendly, or just plain sleepy!

Bring poop bags to clean up after your dog on walks!



CATS



Cats need healthy food, clean water and should be fed twice a day.



Lots of toys, cat trees and scratching posts help keep cats active and in tip-top shape.

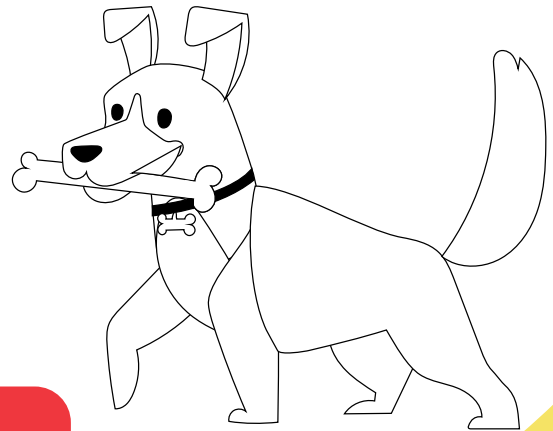
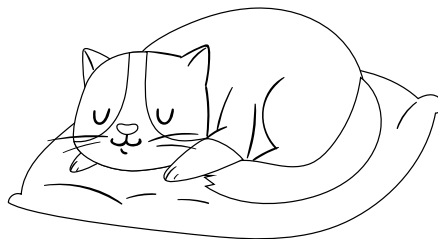
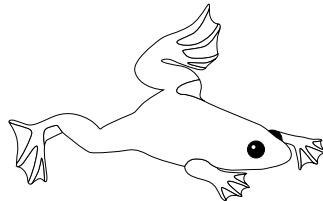
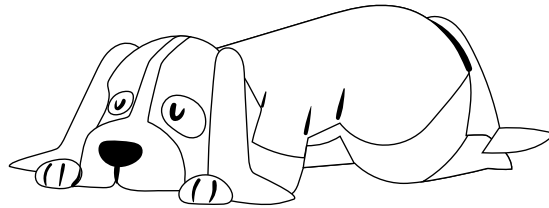
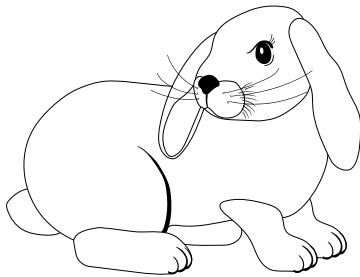
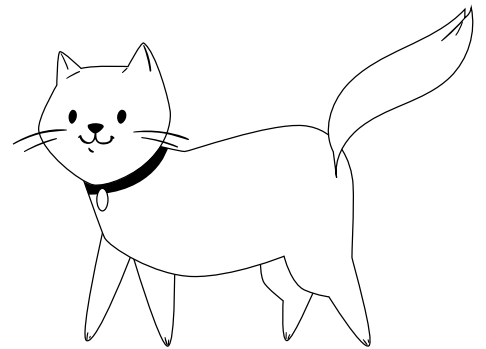
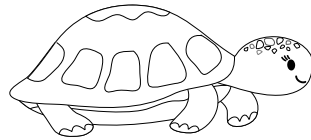
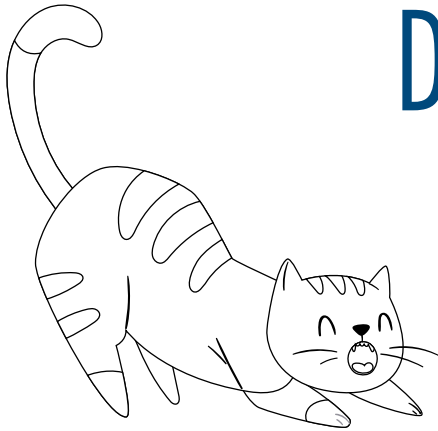


Cats who live indoors usually live longer than outdoor cats.

Cats can be very shy, especially when meeting new people!



FIND THE CATS AND DOGS ACTIVITY



Colour all of the cats and dogs that you can find in this picture!

RABBITS



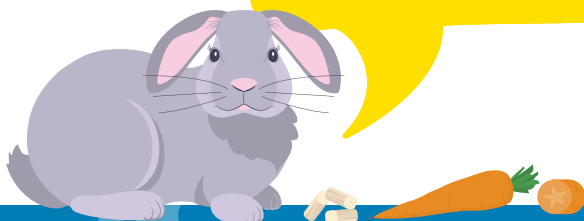
Rabbits eat pellets, fresh timothy hay and need fresh veggies every day!



Rabbits are super smart and social—you can teach them to use a litter box, like a cat!

Always hold a rabbit gently but firmly. Never pick up a rabbit by its ears!

Rabbits love to chew, so be sure to watch them when they're not in a cage!



GUINEA PIGS



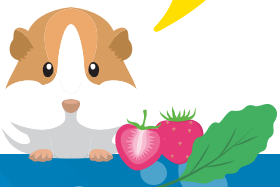
Guinea pigs eat pellets, fresh hay and need fresh fruits and veggies every day!



Guinea pigs need regular exercise—but no exercise wheels or balls for them please!

Guinea Pigs are curious, social and love to chat!

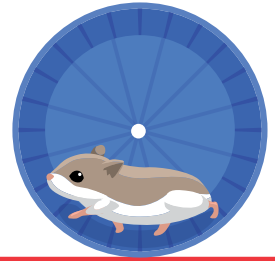
Guinea pigs need vitamin C daily to stay in tip-top shape!



HAMSTERS



Hamsters eat alfalfa pellets, spinach, lettuce, apples and cauliflower.



Hamsters love exercise wheels—it helps them stay in tip-top shape.



Hamsters are nocturnal—they sleep during the day and play at night!

Hamsters don't always get along with other hamsters!



DEGUS



Degus eat guinea pig mix or chinchilla pellets and need fresh hay daily. Never give them fruit or food with sugar!



Degus like to chew on pieces of untreated wood and cardboard rolls to keep their teeth worn down.

Degus are very social and like to live with one of their kind. Make sure both degus are girls (or are both boys) to keep them from having babies.

Degus clean themselves by rolling in dust!



GERBILS

Gerbils eat pellets and seed mixes. They like puffed wheat, dried kidney beans, apples, broccoli and carrots as treats!



Gerbils love to dig so make sure their cages have two to three inches of bedding. No sawdust or cedar chips, please!

Gerbils are happiest when they live with a gerbil friend. Be sure to keep boys with boys and girls with girls!

Gerbils thump their back legs when they're very excited or nervous!



RATS



Rats eat pellets and blocks of rat food. Fresh fruit, vegetables, nuts, seeds and cheese make great treats too!



Rats love to play!
Be sure to give them lots of things to do!

Rats like to live with other rats, but make sure girls live with girls and boys live with boys!

Rats are very smart and can learn to do all kinds of cool tricks!



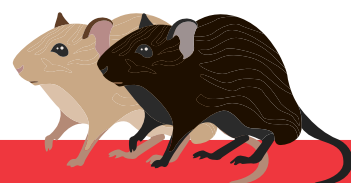
MICE



Mice don't usually like to be held, and because of this, they aren't the best pets for kids, but mice love to play with tunnels and toys!



Mice eat pellets, leafy green veggies and fruit, like apples and bananas!



Mice sometimes like the company of other mice. Keep the boys with boys and girls with girls!

Two girl mice are more likely to get along than two boy mice!



SMALL ANIMAL FACT CHECK

Draw a line to match each animal
to the right fact!



Rabbit



Guinea Pig



Hamster



Mouse



Rat

This animal doesn't like
to be held, but they love
to play with their toys!

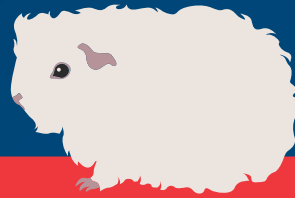
This animal loves to play
on an exercise wheel!

Nuts, fresh fruit,
vegetables, seeds, and
cheese make great treats
for this animal!

You can teach this
animal to use a
litter box!

This animal needs
vitamin C daily to stay
happy and healthy!

DIGS FOR GUINEA PIGS



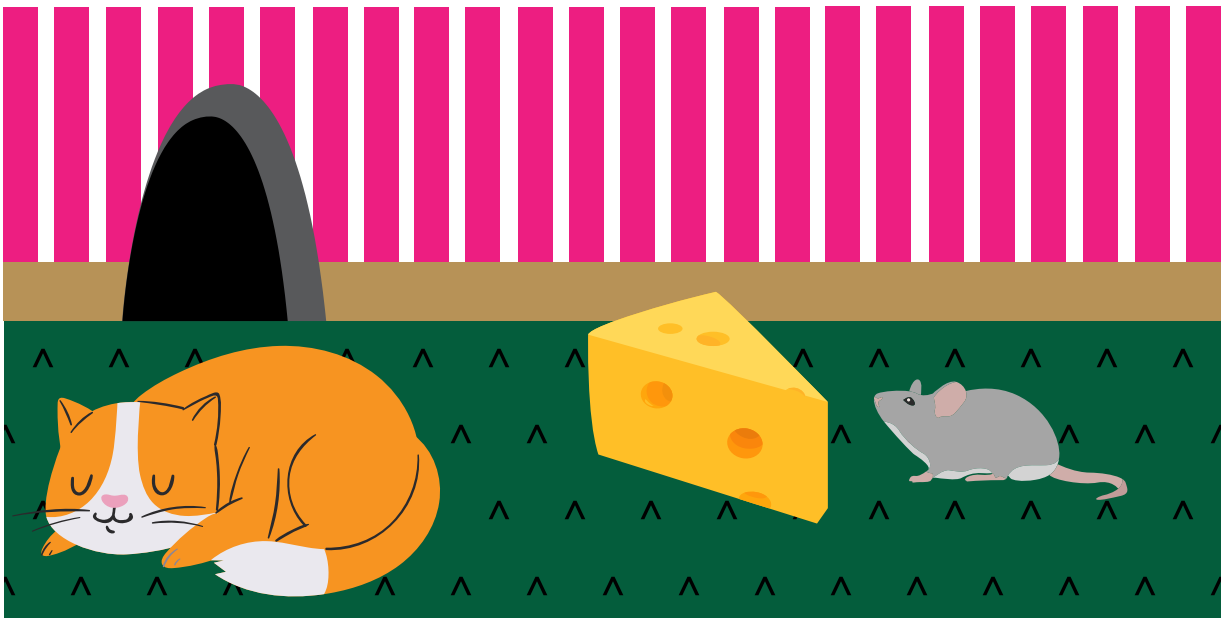
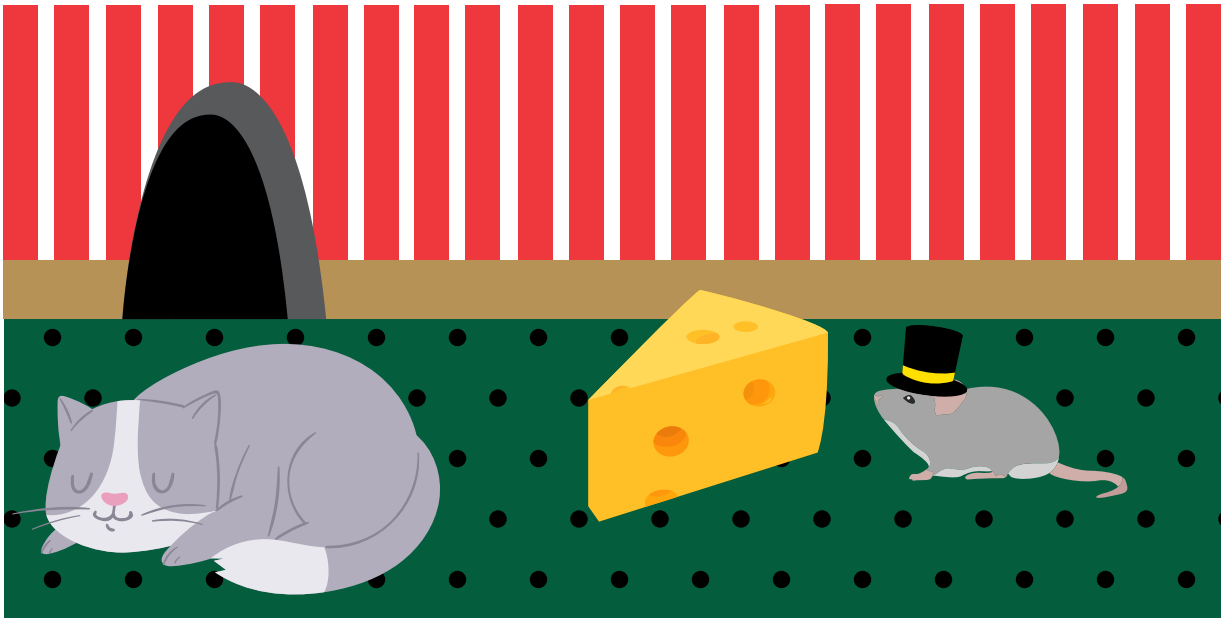
Small animals need a large enough enclosure for their size with plenty of bedding, exercise structures, food and water stations, litter boxes and toys!

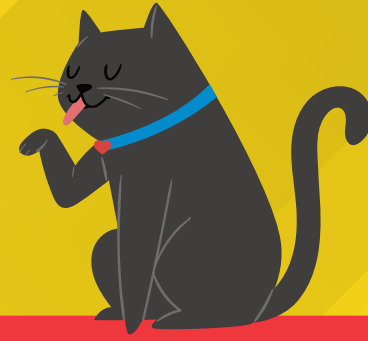


Make sure to find out how to set up the perfect home for your small furry friend before bringing them home!



DOGS, CATS AND ALL SORTS OF SMALL ANIMALS! SPOT FIVE DIFFERENCES





ARE YOU READY FOR A PET?

Owning a pet is a lot of work! Before you get a pet, there are some very important questions to ask yourself to make sure you're ready.



BEFORE YOU CHOOSE A PET

**Owning a pet is a very big responsibility!
Here are some things to think about:**



Does your family have enough time to care for a pet?



Does your family have enough space for a pet?



Can your family care for a pet for her entire life?



ARE YOU READY FOR A PET?

Test your skills on animal lifespans!

Cats:



Rabbits:



Degus:



Dogs:



Hamsters:



Rats:



Guinea pigs:



Gerbils:



Mice:



How long do you think these animals live for? Print your guesses above each animal and flip the page to find the real answers.

FIND OUT WHAT YOU NEED TO KNOW



Each pet is so different!

Find out if a pet is the right fit for your family before bringing one home.

You can find out more here:

- Humane societies, like the OHS!
- Veterinary clinics
- The library
- The internet
- Books or videos
- Other pet owners



LIFESPAN OF COMMON HOUSEHOLD PETS

Cats: 15–20 yrs



Rabbits: 7–10 yrs



Degus: 5–10 yrs



Dogs: 10–15 yrs



Hamsters: 2–3 yrs



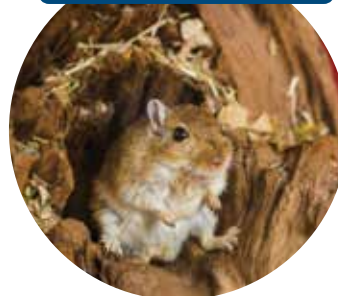
Rats: 2–3 yrs



Guinea pigs: 4–8 yrs



Gerbils: 3–4 yrs



Mice: 1–2 yrs



It's important to learn about how long a pet will live for, so your family can choose the right pet.

Don't forget to take your new pet to a veterinarian to make sure they're healthy!



WHERE TO FIND A PET



You can get a new pet from many different places: breeders, pet stores, friends, family and humane societies, like the OHS!

Pets at humane societies need homes!

ARE YOU READY FOR A PET?

ACTIVITY

Is everyone
in my house
ready for a
new pet?



Can we care
for this pet
for his or her
whole life?



Do we have
enough time
for this pet?



Are we able
to give this
pet the Five
Freedoms?



Do we have
enough space
for this pet?



Circle the  or  for each question.

More ? Sounds like your family is ready for a pet!

More ? Your family might not be ready for a pet just yet.



ARE YOU READY FOR A PET? WORDSEARCH

D F A D O P T I O N U Q G V O
 F O E Y S C N K B M S P A Y H
 O F N T D E A B T C I A I F S
 O M Z A C G B R U N E U T E R
 D Y C Q T H R H E D H A G C E
 F P V E T E R I N A R I A N S
 I D E N T I F I C A T I O N C
 Q C O N O U H D H Y I R J C U
 L F U L F A T T E N T I O N E
 L O V E X G Y S S H E L T E R
 O V E R P O P U L A T I O N W
 P F A K D G R O O M I N G T A
 I V M J K X T Y S G H C G L T
 Z G F Z K L C P J O Q P C M E
 G E X E R C I S E D G D W V R



Identification
 Veterinarian
 Shelter
 Love

Food
 Overpopulation
 Adoption
 Fetch

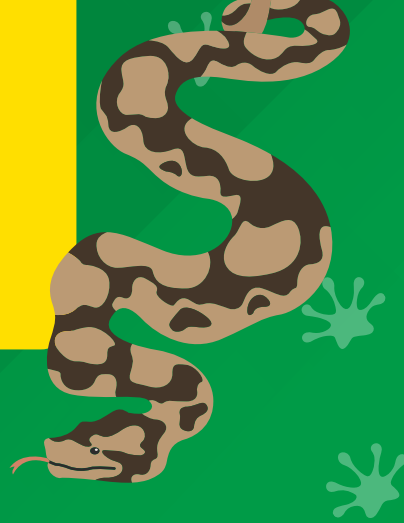
Rescue
 OHS
 Attention
 Grooming

Care
 Neuter
 Exercise
 Donate

Spay
 Water

REPTILE AWARENESS

Some people keep exotic reptiles as pets. But are they happy and healthy?



Iguana



Can reptiles live happily in a terrarium?

A terrarium is special glass tank where reptiles live. No matter how hard an owner tries, terrariums don't give reptiles the same quality of life as they would have in the wild.

Snake



Splendor Skink



Bearded Dragon



REPTILE AWARENESS

Turtle



Is feeding a reptile easy?

In the wild, reptiles hunt for food. When they're kept as pets, they don't get to practice their natural behaviours—which is one of the Five Freedoms!

Frog



Chameleon



Before getting a reptile as a pet, do your research. Ask an adult in your family to speak with an expert about how to give your reptile the Five Freedoms!

REPTILE AWARENESS COLOURING ACTIVITY



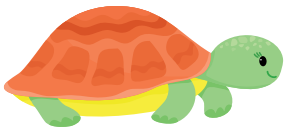
Did you know that snakes can be found on every continent except Antarctica?



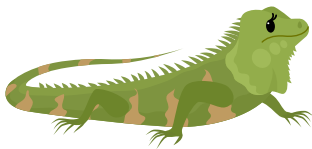
REPTILE AWARENESS

REPTILE MATCHING GAME

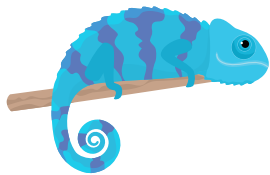
Draw a line to match each animal
to the right species name!



Chameleon



Snake



Turtle



Iguana



TOXIC FOOD FOR PETS



Pets have great noses, especially for finding food, but some of our favourite foods can be dangerous for our furry friends!

Don't feed us these foods.



TOXIC FOOD FOR PETS

Pets are very curious and like to know what people are eating. Don't feed your pet people food—it can make them really sick!

Here are some foods that are really dangerous for your pet:



Chocolate



Grapes



Gum



Fruit pits

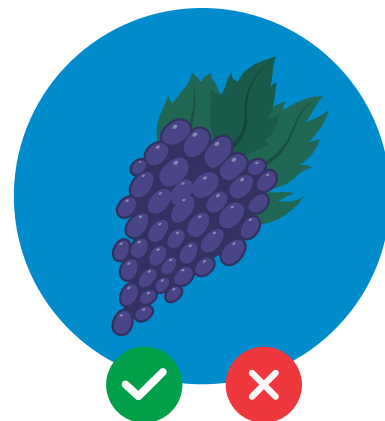
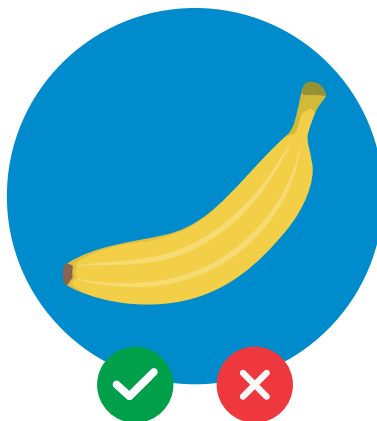
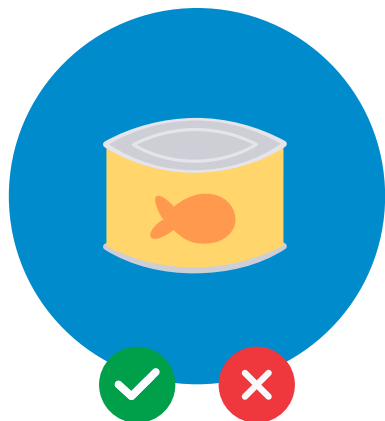
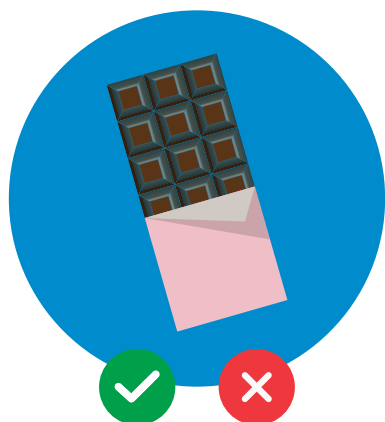


Avocados



Onion & garlic

TOXIC FOOD FOR PETS ACTIVITY



Circle the ✓ if you think the food is safe for your pet to eat!
Circle the ✗ if you think the food is toxic for your pet to eat!





ANIMALS IN ALL SEASONS

As a great pet owner, you need to keep your pet happy and healthy. Learn more about keeping animals safe in each season.



SUMMER

Hot Dogs Aren't Cool

Dogs can die inside a hot car. It's best to leave them at home on hot days.

Pavement can get HOT in the summer. Walk your pet on the grass or in the evening to keep them from burning their paws.



Canada Day

Fireworks can be scary for our pets!

While celebrating Canada's birthday, keep your pet inside and put on a movie or music to try to block some of the noise to help keep them safe.

AUTUMN



Thanksgiving

Don't feed your pet table scraps. Foods for people can make pets sick!

Keep desserts and candy away from your pet too, along with any wrappers that they could choke on!

Halloween

Don't dress your pet in a costume—most pets don't like it.

Black cats are a symbol of Halloween, but sadly they can be picked-on around this holiday. Keep cats indoors, especially on Halloween night.



WINTER

Walking Tips

Keep your pet indoors on really cold days so they don't get sick. Wrap them in a warm coat when heading outside and keep walks short.

Wipe salt off your dog's paws, legs and stomach after winter walks to keep them clean!



Christmas and Hanukkah

Don't put tinsel on your tree. Swallowing tinsel can make pets very sick.

Keep the cords on your holiday lights tucked away to keep your pet from chewing on them. If you're lighting a candle, keep animals away from any open flames.



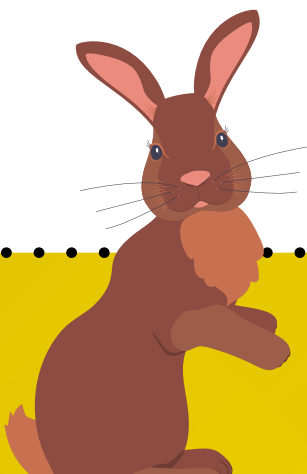
SPRING



Wildlife

When out on walks, be sure to leave wildlife alone!

Babies are born in the spring, and if you spot them alone, mom and dad are not usually far away.



Easter

Adopting a rabbit around Easter may seem like a good idea, but they can be a lot of work! Adopt a rabbit only when your family is ready.

Remember to keep Easter chocolate away from your pets to keep them safe!



ANIMALS IN ALL SEASONS ACTIVITY



Spring



Summer



Autumn



Winter

**Print one thing in each box that you can do
to help keep your pet safe during each season!**



HELPING ANIMALS IN NEED

It's important to know what to do if you and your family find a hurt or lost pet!





HELPING ANIMALS IN NEED

If you find an animal in need of help, it's important to tell a trusted adult!

Who You Gonna Call?

GET HELP FOR AN ANIMAL IN NEED



**SICK OR INJURED
WILDLIFE**
CALL CITY OF OTTAWA
311



**SICK OR INJURED
STRAY PETS**
CALL CITY OF OTTAWA
311



**ANIMAL IN
IMMEDIATE DANGER**
CALL OTTAWA POLICE
911



**ANIMAL CRUELTY
OR NEGLECT**
CALL ONTARIO ANIMAL
PROTECTION CALL CENTRE
1-833-9ANIMAL

HELPING ANIMALS IN NEED

Hold a fundraiser in support of the animals at the OHS!

It's super easy:



Come up with an event idea.



Host your event.



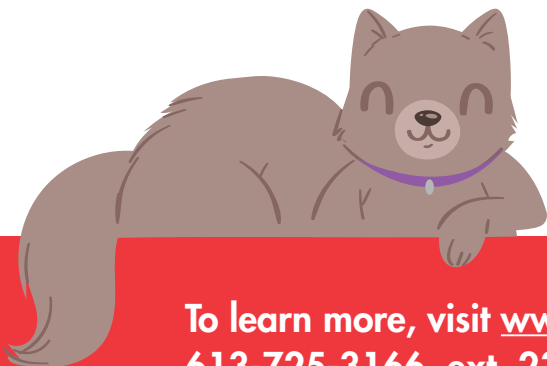
SAVE ANIMAL LIVES!



Send your idea to our team.



Send in the funds you raised.

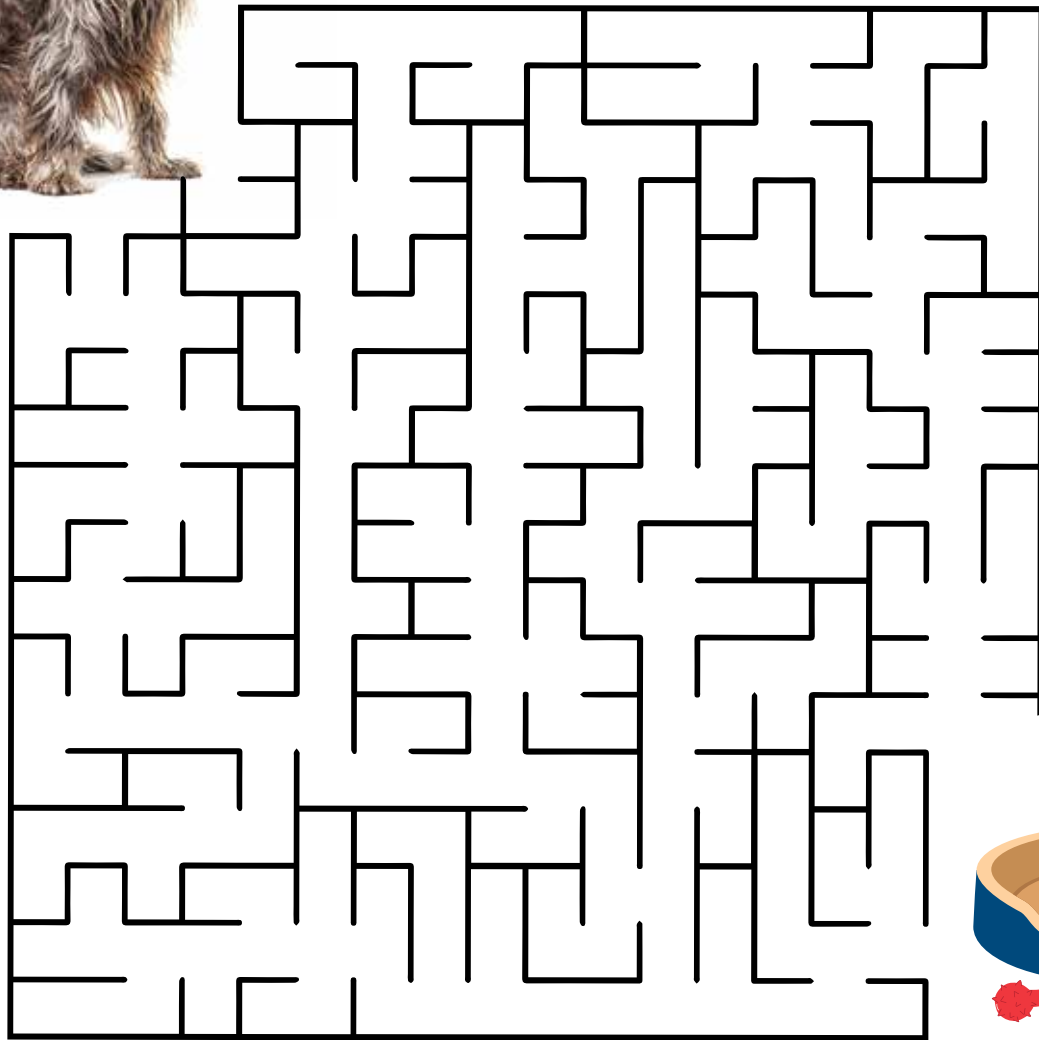


To learn more, visit www.ottawahumane.ca/communityevents, call 613-725-3166, ext. 238, or email events@ottawahumane.ca

I'm lost ...
Can you help
get me home?



HELPING ANIMALS IN NEED





OHS PROGRAMS

Check out some of
our amazing programs
made for kids just
like you!

Continue
the fun!



OHS PROGRAMS

Party Like an Animal

Are you four to 12 years old and love animals? Come paw-ty with us! Basic packages include an animal visit, craft and a tour. Deluxe packages are available too!

To book your party today, please visit our website: ottawahumane.ca/youthprograms/birthday-parties



OHS Pet Care Crest Program

Are you in Girl Guides or Scouts? Our Pet Care Crest Program has three crests available for you to earn:

1. Pet Protector (Beavers and Sparks)
2. Humane Hero (Cub Scouts and Brownies)
3. Animal Advocate (Guides, Scouts and Pathfinders)

To learn more, visit www.ottawahumane.ca/youth-programs/tours-for-kids/ohs-pet-care-crest-program, or email programs@ottawahumane.ca.

OHS PROGRAMS



Camps

Are you six to 10 years old and love animals? Pack your bags and come camp with us!

PD days, March Break and summer camps at the OHS are packed full of interactive and educational four-legged fun!

Humane Education School Program

Do you want the OHS to visit your school?

Humane Educators share fun and interactive presentations with classes and students may have a chance to meet one of our adorable volunteer dogs!

Ask your teacher to book today:
ottawahumane.ca/youth-programs/teacher-resources/ to learn more!



Want to learn more about our camp programs?
Please visit our website: <https://ottawahumane.ca/youth-programs/ohs-camps/>

THANK YOU FOR HELPING
OTTAWA'S ANIMALS!

THANK YOU

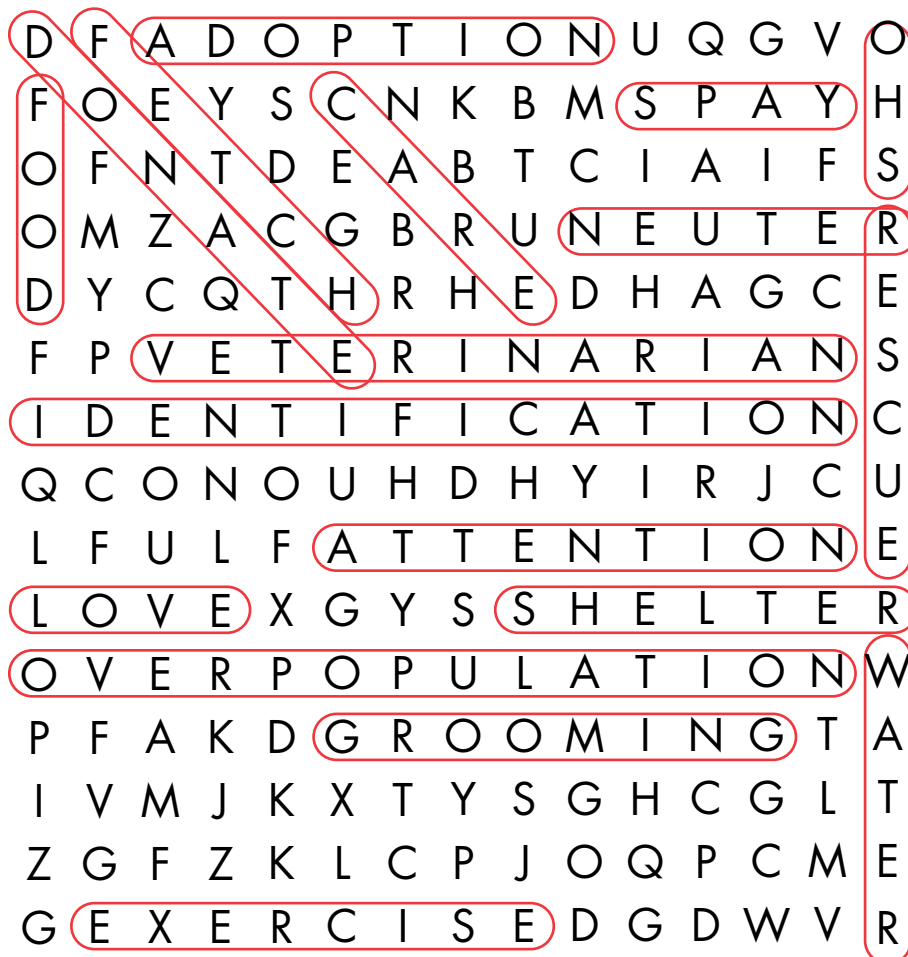


ACTIVITY ANSWER KEYS

Matching Game – Page 9

- Responsible pet owners keep their pet healthy and **HAPPY**
- Spayed and neutered pets live **LONGER**
- Female cats, dogs and rabbits are **SPAYED**
- Male cats, dogs and rabbits are **NEUTERED**

Word Search – Page 26

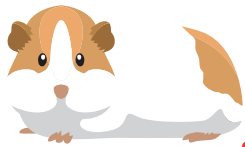


ACTIVITY ANSWER KEYS

Small Animal Fact Check – Page 21



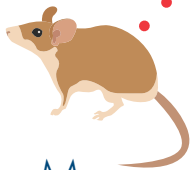
Rabbit



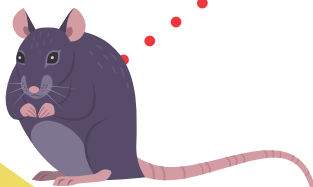
Guinea Pig



Hamster



Mouse



Rat

This animal doesn't like to be held, but they love to play with their toys!

This animal loves to play on an exercise wheel!

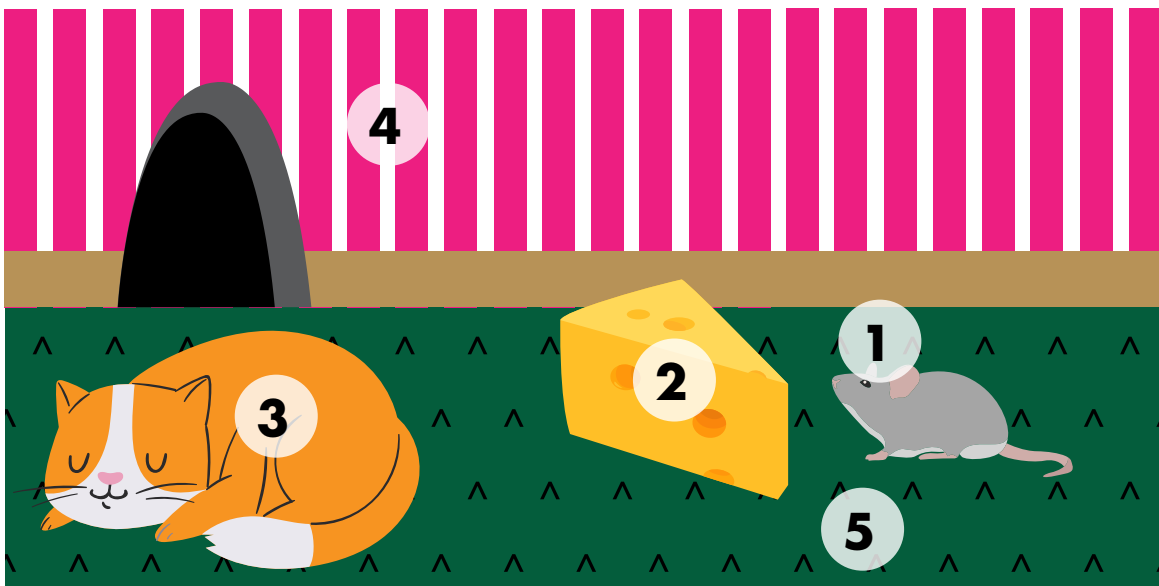
Nuts, fresh fruit, vegetables, seeds, and cheese make great treats for this animal!

You can teach this animal to use a litter box!

This animal needs vitamin C daily to stay happy and healthy!

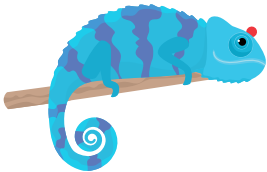
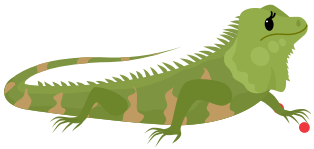
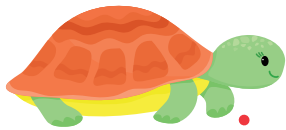
ACTIVITY ANSWER KEYS

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Reptile Matching Game – Page 35



Chameleon

Snake

Turtle

Iguana

ACTIVITY ANSWER KEYS

Toxic Food for Pets Activity – Page 38



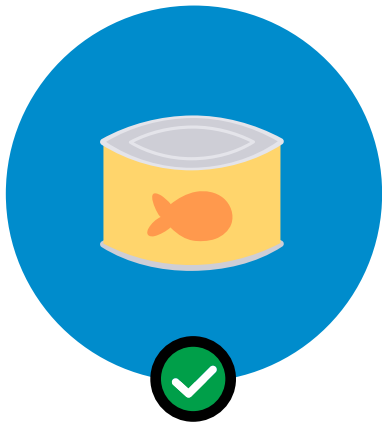
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Okay to feed



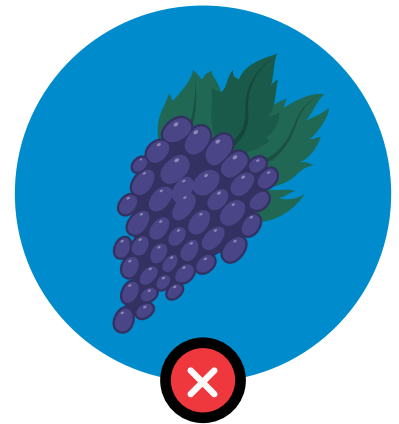
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Okay to feed



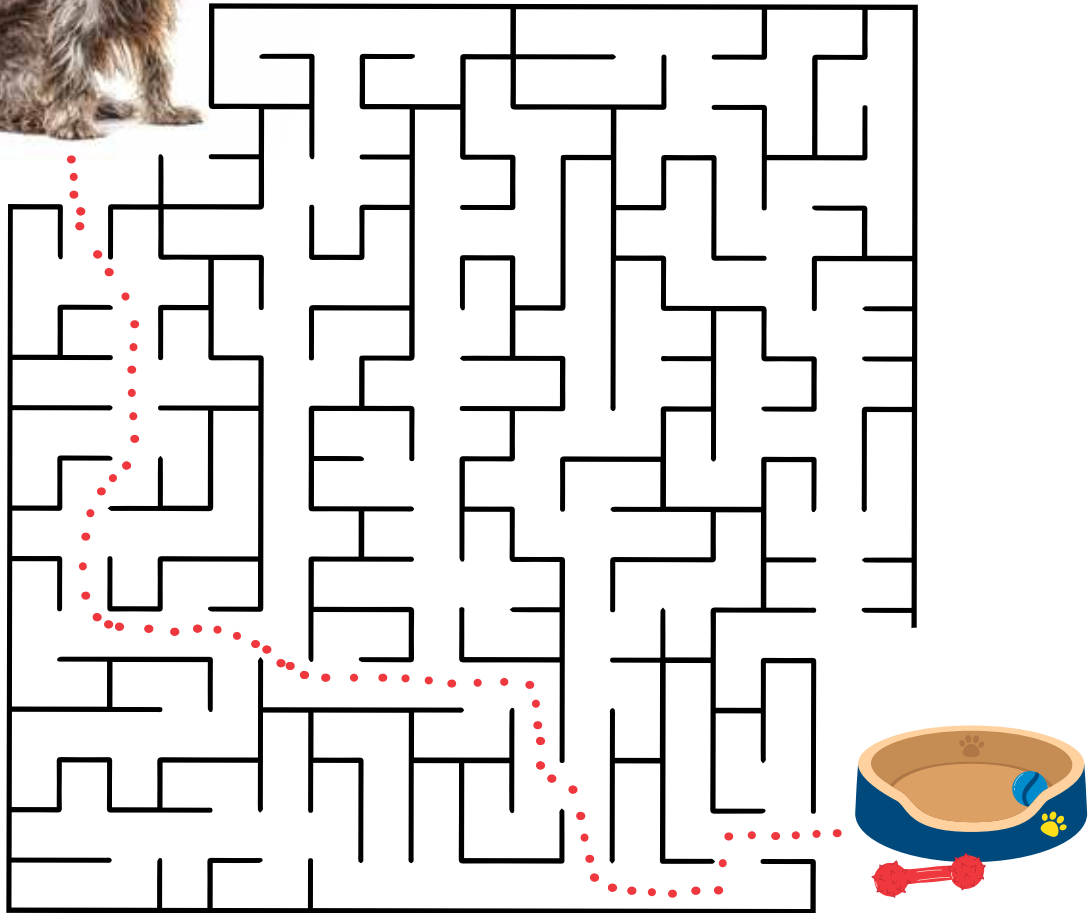
Okay to feed



NOT okay to feed

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