



Animal ID \_\_\_\_\_

## **Feline/Canine Veterinary Assisted Weight Loss**

### ***What is the issue?***

This cat/dog suffers from obesity. Obesity can cause health implications such as diabetes, trouble with mobility, difficulty grooming leading to matting and possibly skin conditions, and degenerative joint disease (arthritis). They will need a veterinary supervised weight loss program.

### ***What has OHS done so far?***

A technician or veterinarian has examined this animal and its weight may have been monitored while in the shelter. At this time the OHS does not implement weight loss programs in the shelter. Due to the stress of being in a shelter, animals are likely to lose weight, and our goal is to maintain their weight until they are in their new home and can be placed on a weight loss plan, and monitored closely.

### ***What still needs to be done?***

This dog/cat will require a veterinary supervised weight loss plan. This will likely include a veterinary prescription weight loss diet, to make sure that weight loss occurs safely and in a controlled manner. Simply restricting access to regular dog/cat food may not provide adequate balanced nutrition. Losing weight too quickly for cats can cause them to develop a condition called hepatic lipidosis/fatty liver, which can be a life threatening disease. Frequent weigh-ins and veterinary visits will likely be required until your pet reaches an appropriate body condition score.

### ***What can an adopter expect?***

Your veterinarian may discuss different weight loss diets and how to safely increase your pet's activity to encourage weight loss. Some dogs that fail to lose weight despite appropriate efforts have an underlying problem with their thyroid. If this occurs, blood testing and medication may be required. If in the future your pet develops problems related to obesity (diabetes, joint issues, etc.) your veterinarian may discuss blood tests, x-rays, and possibly chronic medications.

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## **FULL AND FINAL RELEASE**

In consideration of the disclosure by Ottawa Humane Society of the medical condition(s) referred to above, the Owner hereby releases and forever discharges Ottawa Humane Society and its officers, directors, employees and contractors from any liability in connection with any actions, claims, counterclaims, crossclaims, third party claims, causes of action, suits or proceedings, in law or in equity, debts, liens, contracts, agreements, promises, liabilities, executions, demands, losses, damages, costs or expenses, directly or indirectly relating to the behaviour conditions which have been disclosed herein.



Animal ID \_\_\_\_\_

**BY SIGNING HERE YOU ACKNOWLEDGE THAT YOU HAVE READ AND UNDERSTAND THE MEDICAL  
CONDITION DISCLOSURE AND ARE GRANTING THE FULL AND FINAL RELEASE ON THE PREVIOUS  
PAGE TO OTTAWA HUMANE SOCIETY**

Date:

\_\_\_\_\_  
Please Print

\_\_\_\_\_  
Signature of Owner or Authorized Agent of the Owner

Signed, sealed and delivered in the presence of:

\_\_\_\_\_  
Please Print

\_\_\_\_\_  
Signature of Witness